

## COLDIN TABLET/SYRUP

---

<b>Generic Name:</b>	Paracetamol, Pseudoephedrine HCl & Chlorpheniramine Maleate
<b>Composition:</b>	<b>COLDIN TABLET</b> Each tablet contains Paracetamol BP 500 mg Pseudoephedrine Hydrochloride USP 60 mg Chlorpheniramine Maleate BP 4 mg <b>COLDIN LITE TABLET</b> Each tablet contains Paracetamol 500mg Chlorpheniramine Maleate 2mg Pseudoephedrine HCl 30mg <b>COLDIN SYRUP</b> Each 5ml contains Pseudoephedrine Hydrochloride USP 30 mg Chlorpheniramine Maleate BP 2 mg <b>COLDIN-P SYRUP</b> Each 5ml contains Paracetamol BP 125 mg Pseudoephedrine Hydrochloride USP 15 mg Chlorpheniramine Maleate BP 1 mg

### MECHANISM OF ACTION

**Pseudoephedrine (Sympathomimetic decongestant):** It stimulates certain receptors in blood vessels to cause them to constrict. This reduces blood flow to the nose, nasal passage and sinuses, decreasing swelling and nasal discharge. It acts directly on alpha-adrenergic receptors in the mucosa of the respiratory tract, and produces vasoconstriction. Pseudoephedrine relaxes bronchial smooth muscle by stimulating beta2-adrenergic receptors. Like ephedrine, pseudoephedrine releases nor epinephrine from storage sites, and indirect effect making easier to breath. This is known as a decongestant action.

**Chlorpheniramine Maleate (Antihistamines):** It helps reduce allergic symptoms by preventing the effects of a substance called histamine. Histamine is produced by the body in response to foreign substances that the body is allergic to. It also causes sedation.

**Paracetamol (Analgesic, Antipyretic):** It works to stop the pain messages from getting through to the brain. It also acts in the brain to reduce fever.

### INDICATION

Coldin provides relief from multiple symptoms associated with allergy, congestion, cold & flu:

- Relieves blocked noses (Nasal Congestion)
- Dries runny noses
- Reduces sneezing
- Provides temporary relief from pains and headaches
- Fever

## **DOSAGE**

### **Coldin Syrup**

Adults: 1 -2 teaspoonfuls (5-10ml) 3-4 times daily

Children:

2-6 years: ½ teaspoonfuls (2.5ml) 3-4 times daily

7-12 years: 1 teaspoonful (5ml) 3-4 times daily

Or as directed by the physician.

### **Coldin-P Syrup**

Children:

1-4 years: 1 teaspoonful (5ml) 3-4 times daily

5-8 years: 2 teaspoonfuls (10ml) 3-4 times daily

9-12 years: 3 teaspoonfuls (15ml) 3-4 times daily

Or as directed by the physician.

### **Coldin Tablet**

Adult: 1 tablet 3-4 times daily

## **ADVERSE EFFECTS**

Drowsiness

## **DRUG INTERACTION**

Increased toxicity with MAO inhibitors.

For further information, please contact:

**Market Planning Department**

**Deurali-Janta Pharmaceuticals Pvt. Ltd.**

GPO Box 4239, 355 Hattisar Road, Kamalpokhari, Kathmandu, Nepal.

Tel: 4435167/68/69 E-mail: [mplanning@deuralijanta.com](mailto:mplanning@deuralijanta.com) Website: [www.deuralijanta.com](http://www.deuralijanta.com)

