

## *Clobetasone*

# SOLBET<sup>®</sup>

### **Composition:**

Clobetasone butyrate	0.05% w/w
Chlorocresol (as Preservative)	0.1% w/w

SOLBET cream contains the active ingredient clobetasone butyrate, which is a type of medicine called a **topical corticosteroid**.

Corticosteroids are medicines used for reducing inflammation. Inflammation of the skin happens as a result of allergy or irritation of the skin, and is caused by the release of various substances that are important in the immune system. These substances cause blood vessels to widen and result in the irritated area becoming red, swollen, itchy and painful, such as is seen in dermatitis or eczema.

When Solbet is applied to the skin it works by acting inside the skin cells to decrease the release of these inflammatory substances. This reduces inflammation, redness and itch.

### **Indications:**

**Solbet** can be used to treat,

- **Atopic eczema.**
- Skin inflammation due to allergies or irritants (**allergic contact dermatitis** or **irritant contact dermatitis**).

### **Directions for use:**

- Wash the affected area of skin and dry well, removing all traces of soap.
- You only need to use a small amount of this preparation. It should be applied thinly and massaged gently into the skin until it disappears.
- One fingertip unit (a line from the tip of an adult index finger to the first crease) is enough to cover an area twice the size of an adult hand.
- Never apply more than the quantity advised by your doctor.

### **Side effects:**

The following are some of the side effects that are known to be associated with this medicine. People might not experience any listed side effects at all too. The following are side effects that may be associated with short-term (up to seven days) use of this medicine.

- Allergic skin reactions which are rare, but the medicine should be discontinued if this occurs.
- Worsening of symptoms.

The side effects listed above may not include all of the side effects reported by the medicine's manufacturer.

## **Warning!**

- This cream should only be used to treat eczema or dermatitis. If you are unsure what your skin problem is you should seek advice from your pharmacist or doctor before using this medicine.

- This cream is for external use on the skin only.
- The cream should be applied thinly and evenly to the affected area(s) twice a day for up to seven days.
- Wash your hands after applying the cream, unless the hands are the area being treated.
- You should not cover the area being treated with airtight dressings such as bandages or other dressings unless directed by a doctor, as these will enhance the absorption of the medicine into the body and may increase the risk of side effects.
- Consult your doctor if your symptoms don't improve, or get worse in the first seven days of treatment. Do not use this medicine for longer than seven days without consulting your doctor.
- Avoid getting the cream in contact with the eyes, or the inside of the mouth or nose. Rinse with cold water if accidental contact occurs.
- Do not use this cream on the face, as it may cause spots resembling acne or dermatitis around the mouth.
- If you think the area of skin you are treating has become infected you should stop using this medicine and consult your doctor.
- This medicine should not be used to treat the same patch of skin more than twice, unless you have confirmed the diagnosis with your doctor.

## Not to be used in

- Children under 12 years of age, unless on the advice of a doctor.
- Broken skin or open wounds.
- Areas of skin affected by **acne vulgaris**.
- Areas of skin infected with viruses (eg **herpes simplex**, **chickenpox**), fungi (eg. **thrush**, **ringworm**, **athlete's foot**) or bacteria (eg **impetigo**). You should not use this cream on the skin of the groin, genitals or between the toes unless directed by your doctor, as these are common sites of fungal infections.
- Areas of skin affected by **psoriasis** or **seborrhoeic dermatitis**, as these conditions require advice and care from a doctor.

If you feel you have experienced an allergic reaction, stop using this medicine and inform your doctor or pharmacist immediately.

## Pregnancy and breastfeeding

*Certain medicines should not be used during pregnancy or breastfeeding. However, other medicines may be safely used in pregnancy or breastfeeding providing the benefits to the mother outweigh the risks to the unborn baby. Always inform your doctor if you are pregnant or planning a pregnancy, before using any medicine.*

If you are pregnant or breastfeeding you should seek medical advice from your doctor before using this medicine. This medicine should only be used during pregnancy or breastfeeding if considered essential by your doctor.

### STORAGE:

Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it in cool & dark place. DO NOT FREEZE.

**Presentation**  
15 gm Tube

For further information, please contact:

**Market Planning Department**

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